



NAVAL STATION Ingleside



FACILITIES GUIDE

MORALE, WELFARE & RECREATION

☺ **AQUATICS**

☺ **AUTO SKILLS SHOP**

☺ **CHILD CARE & RESOURCE**

☺ **FLEET RECREATION**

☺ **INFORMATION, TICKETS AND TOURS**

☺ **LONG GLASS MARINA**

☺ **SINGLE SAILOR PROGRAM**

☺ **SPECIAL EVENTS**

☺ **TOTAL FITNESS CENTER**

☺ **YOUTH PROGRAMS**

Aquatics

Swimming Pool
Total Fitness Center,
Building 158



(361) 776-4430

Summer Hours, Apr 1 to Oct 31:

Monday - Friday 0600-1900

Weekends and Holidays 1000-1800

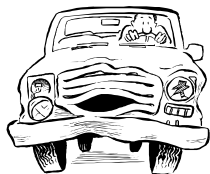
Winter Hours, Nov 1 to Mar 31:

Monday - Friday 0700-1400

Closed on Saturday, Sunday and Holidays

Lanes are available for lap swim Monday-Friday from 0600-0800 and 1100-1300 during summer hours. Various activities are offered throughout the year for all ages. Kiddie Pool Facility is available.

Auto Skills Shop



Building 229
(361) 776-4299

Monday - Friday 1600-2100

Saturday & Sunday 0900-1630

Closed Holidays

The Auto Skills shop is an exceptional one day repair location for you to use when making repairs to your motorcycle or car. Tools and a knowledgeable mechanic are included in the user fee for the facility. Watch for the monthly educational workshop with hands on learning.

BOSS/LIBERTY Program

Suite 131, Building 100

(361) 776-4229

Monday - Friday 0730-1600

Closed Saturday, Sunday and Holidays



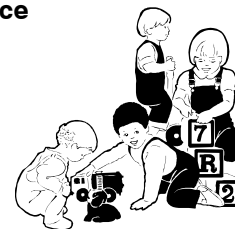
The BOSS/LIBERTY program provides activities for young unaccompanied Sailors. These programs are designed by fellow Sailors. Each representative is selected by their Command. These representatives meet every second Monday of the month at 1230 in the USO, Building 139. Programs include movie nights, weekend outings, amusement park trips, picnics, sporting events, pool tournaments and theme parties. Call to find out what's coming up!

Child Care Resource and Referral Office

Family Service Center,
Bayview Shopping Center,
Ingleside, Texas

(361) 776-5887

Monday - Friday 0800-1630



The Child Care Resource and Referral Office can assist families who are looking for child care within the Ingleside commuting area. Visit the office to receive information on options, programs, choosing quality child care and local licensing regulations.

Fleet Recreation

USO, Building 139
(361) 776-4607
Monday - Friday 0730-1600
Closed Saturday, Sunday and Holidays

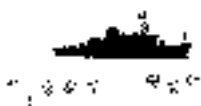
This exciting program offers special opportunities to the fleet and insures that recreational needs are met even when underway. Programs are held aboard ship as well as on and off base. Training is provided to individual ship MWR officers and custodians so they can get the most for their MWR dollars.

Information, Tickets and Tours (ITT)

Building 158, Total Fitness Center
(361) 776-4227

Monday - Friday 0900-1700
1st & 3rd Saturday of each month 1000-1200
(May-Aug)
Closed Sunday and Holidays

The Information, Tickets and Tours Office offers tickets to amusement and sporting events in the Coastal Bend area as well as San Antonio, Austin and Houston. Tickets include the USS Lexington, Texas State Aquarium, Tinseltown movie tickets, amusement parks and much, much more! Join ITT on one of the many sight-seeing/adventure trips. ITT also has Santa, Bunny Rabbit and Clown costumes for rent and a dunk tank for use on base. To reserve these items or to obtain more information, stop by the office. Airline tickets may be purchased from SATO Travel, Bldg. 100, Suite W105, Monday-Friday, 0730 to 1530. Or call 776-4216.



Long Glass Marina

426 E. Ransom Rd., Aransas Pass, TX
(361) 758-0350

Summer Hours (Apr 1 to Oct 31)
Mon & Tue 0700-1600
Wed-Thu-Fri 0700-2000
Sat & Sun 0700-1900

Winter Hours (Nov 1 to Mar 31)
Mon - Fri 0700-1600
Sat & Sun 0700-1700

The Marina has fishing boats, pontoon boats, canoes, sail boats, wind surfing boards and travel trailers for rent. Sailing classes, boat rides and deep sea fishing off Port Aransas is offered throughout the year.



Special Events

Building 100
(361) 776-4606

Monday - Friday 0700-1530

MWR Special Events plans exciting adult and family events throughout the year. Some annual events are the Comics on Duty, Christmas Tree Lighting Party and various festivals. Call if you would like to be a volunteer on the MWR Crew.



Total Fitness Center

Building 158

Information/Reservations (361) 776-4430
Athletic Director (361) 776-4601

Monday - Friday 0600-2000
Weekends & Holidays 1000-1900

The Total Fitness Center offers opportunities to burn fat, shape and bulk up. The Nautilus/Cardio-vascular and Free Weight work out rooms are open daily.

Monday through Saturday, ongoing aerobics classes are held.

Other TFC facilities include a full indoor basketball court, five racquetball courts, two outdoor basketball courts, four tennis courts, a sand volleyball court, batting cage and a softball field. To reserve a field, court or facility, contact the athletic director at the above number. Equipment checkout is also available through the TFC free of charge for in facility use and a minimal fee for off site usage. Equipment includes tables, chairs, camping equipment, sports gear and much more!

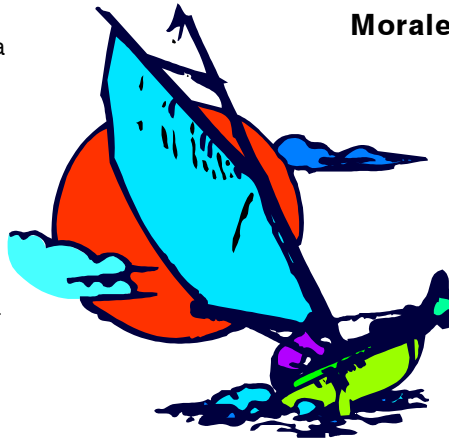
Visit with the Wellness Staff and set up your individual program. The athletic program includes a wide variety of activities such as football, racquetball, basketball, volleyball, tennis, softball to name just a few! Captain's Cup tournaments are held throughout the year for team points.



Youth Programs

Building 100
(361) 776-5742
Monday - Friday 0730-1600

Fun and exciting activities are developed throughout the year to offer to youth and teens (ages 6-17). Opportunities are available to engage in recreational programs that promote psychological, social and physical well being. Join in the fun activities such as the revolving playground at Bridge Pointe Landing Apartments. Watch for news of upcoming and exciting events.



Morale, Welfare & Recreation Department

Building 100, Suite W131
Naval Station
Ingleside, Texas 78362-5001

(361) 776-4631
DSN 776-4631

Monday-Friday 0730-1700

If you have additional questions or suggestions, we would like to hear from you. Please call for assistance.